

Lifeway Foods Announces Record Fourth Quarter and Full Year 2012 Financial Results

Morton Grove, IL — April 1, 2013 — Lifeway Foods, Inc., (Nasdaq: LWAY), a leading supplier of cultured dairy products known as kefir and organic kefir, today announced results for the fourth quarter and full year ended December 31, 2012.

Fourth Quarter and Full Year 2012 Highlights

- Net sales increased 24% to \$20.8 million for the quarter, and net sales increased 16% to \$81.4 million for the year
- Gross profit increased 86% from the fourth quarter 2012 when compared to the same period in 2011, and 29% for 2012 when compared to 2011
- Gross profit margin increased to 33% for the fourth quarter 2012, from 22% in 2011, and to 34% for the year, from 30% in 2011
- Record earnings per diluted share of \$0.07 for the quarter, and record earnings per diluted share of \$0.34 for the year

"In 2012, we continued to execute on our strategic goals as we increased awareness and distribution of Lifeway's kefir products to report record sales and earnings results," said Julie Smolyansky, CEO of Lifeway Foods, Inc. "We are confident about our future growth and we expect 2013 to be another year of strong sales and profitability as new and existing consumers choose Lifeway Foods as a provider of wholesome, nutritious kefir products for themselves and their families. Additionally, we expect gross revenues for our first quarter 2013, which ended March 29, 2013, to be approximately 30% higher when compared to the same period in 2012, and we expect to continue this momentum throughout the year."

Fourth Quarter Results

Fourth quarter of 2012 gross sales increased 22% to \$22.9 million compared to \$18.7 million for the fourth quarter of 2011. This increase is primarily attributable to increased sales and awareness of the Company's flagship line, Kefir, as well as ProBugs® Organic Kefir for kids and BioKefirTM.

Fourth quarter total consolidated net sales increased 24% to \$20.8 million from \$16.8 million in the fourth quarter of 2011. Net sales are recorded as gross sales less promotional activities such as slotting fees paid, couponing, spoilage and promotional allowances as well as early payment terms given to customers. The total allowance for promotions and discounts in the fourth quarter of 2012 was approximately \$2.0 million or 10% of gross sales, compared to \$2.0 million or 10.5% of gross sales in the same period last year.

Cost of goods sold as a percentage of net sales, excluding depreciation expense, were

approximately 65% during the fourth quarter of 2012, compared to approximately 76% during the same period in 2011. Gross profit for the fourth quarter of 2012 increased 86% to approximately \$6.8 million, compared to approximately \$3.7 million in the fourth quarter of the prior year. The gross profit margin increased to 33% in the fourth quarter 2012 versus 22% in the fourth quarter of 2011. The increase was primarily attributable to lower costs of transportation and other petroleum-based production supplies, and the decreased cost of conventional milk, the Company's largest raw material. The total cost of milk was approximately 5% lower during the fourth quarter 2012 when compared to the same period in 2011.

Operating expenses as a percentage of net sales were approximately 24% during the fourth quarter of 2012, compared to approximately 25% during the same period in 2011. This was primarily attributable to an increase in selling expenses, which increased by \$0.6 million to \$3.2 million during the fourth quarter of 2012, from \$2.6 million during the same period in 2011.

The Company reported income from operations of \$1.80 million during the fourth quarter of 2012, an improvement of \$2.3 million from a loss of \$0.5 million during the same period in 2011.

Provision for income tax was \$0.7 million or a 40% effective tax rate for the fourth quarter compared to a benefit of \$0.1 million during the same period in 2011.

Total net income was \$1.1 million, or \$0.07 per diluted share, for the three-month period ended December 31, 2012 compared to a net loss of \$0.4 million, or a loss of \$0.02 per diluted share, in the same period in 2011.

2012 Year End Results

Total consolidated gross sales increased 16% or \$12.6 million to approximately \$89.8 million during the twelve-month period ended December 31, 2012 from \$77.1 during the same twelve-month period in 2011. This increase is primarily attributable to increased sales and awareness of the Company's flagship line, Kefir, as well as ProBugs® Organic Kefir for kids and BioKefirTM.

Total consolidated net sales increased 16% or \$11.4 million to \$81.4 million during the twelvemonth period ended December 31, 2012 from \$70.0 million during the same twelve month period in 2011.

Cost of goods sold as a percentage of net sales, excluding depreciation expense, were approximately 64% during the twelve- month period ended December 31, 2012, compared to approximately 67% during the same period in 2011. Gross profit for 2012 increased 29% to \$27.4 million, compared to \$21.3 million in 2011. The Company's gross profit margin increased to 34% versus 30% in 2011.

Total operating income increased \$3.8 million, or approximately 74%, to \$8.8 million during the twelve-month period ended December 31, 2012, from \$5.1 million during the same period in 2011.

Total net income was \$5.6 million, or \$0.34 per share, for the twelve-month period ended

December 31, 2012 compared to \$2.9 million, or \$0.17 per share, in the same period in 2011.

On March 29, 2013, the Company concluded that the consolidated statements of income for the year-to-date periods ended March 31, 2012, June 30, 2012 and September 30, 2012, including comparatively presented periods, that were previously included in its Quarterly Reports on Forms 10-Q filed in 2012 should be restated as a result to update the accounting presentation of production activity within cost of goods sold from general and administrative operating expenses. These restatements result in increases in cost of goods sold and corresponding decreases in general and administrative operating expenses. These restatements had no impact on the Company's previously reported net income, condensed consolidated balance sheets or consolidated statements of cash flows. Further information regarding this restatement can be found in the Company's Form 8-K filing dated April 1, 2013.

Balance Sheet/Cash Flow Highlights

The Company had a net increase in cash and cash equivalents of \$1.2 million during the twelvemonth period ended December 31, 2012 compared to a net decrease in cash and cash equivalents of \$2.1 million during the same period in 2011. The Company had cash and cash equivalents of \$2.3 million as of December 31, 2012 compared to cash and cash equivalents of \$1.1 million as of December 31, 2011.

Total stockholder's equity was \$39.3 million as of December 31, 2012, which is an increase of \$4.0 million when compared to December 31, 2011. This is primarily due the increase in retained earnings of \$4.5 million when compared to December 31, 2011.

Conference Call

The Company will host a conference call to discuss these results with additional comments and details today, Monday, April 1, 2013 at 4:35 p.m. ET. The call will be broadcast live over the Internet hosted at the Investor Relations section of Lifeway Foods' website at www.lifeway.net, and will be archived online through April 15, 2013. In addition, listeners may dial 877-407-3982 in North America, and international listeners may dial 201-493-6780. Participants from the Company will be Julie Smolyansky, President and Chief Executive Officer, and Edward Smolyansky, Chief Financial Officer.

About Lifeway Foods

Lifeway Foods, Inc. (Nasdaq: LWAY), recently named one of Fortune Small Business' Fastest Growing Companies for the fifth consecutive year, is America's leading supplier of the cultured dairy products known as kefir and organic kefir. Lifeway Kefir is a dairy beverage that contains 10 exclusive live and active probiotic cultures plus ProBoostTM. In addition to its line of Kefir products, the company produces a variety of Frozen Kefir and probiotic cheese products. Lifeway also sells frozen kefir, kefir smoothies and kefir parfaits through its StarfruitTM retail stores.

Find Lifeway Foods, Inc. on Facebook: www.facebook.com/lifewaykefir Follow Lifeway Foods on Twitter: http://twitter.com/lifeway_kefir

YouTube: http://www.youtube.com/user/lifewaykefir

Forward Looking Statements

This news release contains forward-looking statements. Investors are cautioned that actual results may differ materially from such forward-looking statements. Forward-looking statements involve risks and uncertainties including, but not limited to, competitive pressures and other important factors detailed in the Company's reports filed with the Securities and Exchange Commission.

Contact:

Lifeway Foods, Inc. Phone: 877.281.3874 Email: info@Lifeway.net

Investor Relations:

ICR Katie Turner John Mills 646.277.1228

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consolidated Statements of Financial Condition For the Years Ended December 31, 2012 and 2011

	Dece	December 31		
	2012	2011		
<u>ASSETS</u>				
Current assets				
Cash and cash equivalents	\$ 2,286,226	\$ 1,115,150		
Investments	1,869,888	1,695,044		
Certificates of deposits in financial institutions	450,000	300,000		
Inventories	5,939,186	4,954,475		
Accounts receivable, net of allowance for doubtful				
accounts and discounts	8,723,737	7,950,276		
Prepaid expenses and other current assets	97,138	79,630		
Other receivables	8,825	224,204		
Deferred income taxes	234,687	338,690		
Refundable income taxes	84,828	41,316		
Total current assets	19,694,515	16,698,785		
Property and equipment, net	14,986,776	15,198,822		
Intangible assets				
Goodwill and other non amortizable brand assets	14,068,091	14,068,091		
Other intangible assets, net of accumulated amortization of				
\$3,842,757 and 3,087,940 at December 31, 2012 and 2011, respectively	4,463,244			
Total intangible assets	18,531,335	19,286,151		
Other Assets	221.000	222.55		
Long-term accounts receivable net of current portion	294,000			
Total assets	\$ 53,506,626	\$ 51,473,308		
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current liabilities				
Checks written in excess of bank balances	\$	\$ 592,040		
Current maturities of notes payable	542,981	1,540,716		
Accounts payable	4,256,725	4,386,239		
Accrued expenses	1,155,677	553,725		
Accrued income taxes	254,311			
Total current liabilities	6,209,694	7,072,720		
Notes payable	4,955,945	5,539,836		
Deferred income taxes	3,028,518	3,503,595		
Total liabilities	14,194,157	16,116,151		
Stockholders' equity				
Common stock, no par value; 20,000,000 shares authorized;				
17,273,776 shares issued; 16,346,017 shares outstanding				
at December 31, 2012; 17,273,776 shares issued; 16,409,317				
shares outstanding at December 31, 2011	6,509,267			
Paid-in-capital	2,032,516			
Treasury stock, at cost	(8,187,682			
Retained earnings	38,904,777			
Accumulated other comprehensive income (loss), net of taxes	53,591			
Total stockholders' equity	39,312,469	35,357,157		
Total liabilities and stockholders' equity	\$ 53,506,626	\$ 51,473,308		
Total Haofittles and stockholders equity	\$ 55,500,020	\$ 51,475,5		

Consolidated Statements of Income and Comprehensive Income For the Years Ended December 31, 2012 and 2011

Years Ended December 31,

			Decemb	oer 3		_
		201	.2		201	.1
Sales	S	89,754,007		S	77,122,999	1.1638
Less: discounts and allowances	,			,	7,152,590)	1.1036
		8,402,742)	01 251 265			60.070.400
Net sales		81,351,265	81,351,265		69,970,409	69,970,409
Cost of goods cold			52 205 464			47 151 776
Cost of goods sold			52,295,464			47,151,776
Depreciation expense			1,629,594			1,552,961
Total past of goods sold			53,925,058			49 704 727
Total cost of goods sold			33,923,036			48,704,737
Gross profit			27,426,207			21,265,672
Selling expenses			11,506,707			10,114,902
General and administrative						
			6,319,972			5,290,446
Amortization expense			754,817			783,833
Total operating expenses			18,581,496			16,189,181
Income from operations			8,844,711			5,076,491
Other income (expense):						
Interest and dividend income			05 202			70.611
			85,383			70,611
Rental income			12,285			7,150
Interest expense			(177,622)			(247,342)
Impairment of Investment						(36,032)
Gain (loss) on sale of investments, net			71,286			(29,256)
Loss on disposition of assets			(11,169)			
Other Expense						(8,364)
Total other income (expense)			(19,837)			(243,233)
()						(2.0,200)
Income before provision for						
income taxes			8,824,874			4,833,258
			-,,			.,,
Provision for income taxes			3,205,076			1,977,837
Trovision for mediae taxes			3,203,070			1,577,057
Net income			\$ 5,619,798			\$ 2,855,421
Basic and diluted earnings						
per common share			0.34			0.17
Weighted average number of						
shares outstanding			16,373,224			16,442,948
COMPREHENSIVE INCOME						
Net income			\$ 5,619,798			\$ 2,855,421
Other comprehensive income						
(loss), net of tax:						
Unrealized gains (losses) on						
investments (net of tax)			102,816			17,616
, ,			102,810			17,010
Less reclassification adjustment						
for (gains) losses included in						
net income (net of taxes)			(40,277)			16,530
Comprehensive income			\$ 5,682,337			\$ 2,889,567

Consolidated Statements of Cash Flows For the Years Ended December 31, 2012 and 2011

	December 31,				
		2012	2011		
Cash flows from operating activities:					
Net income	\$	5,619,798	\$	2,855,421	
Adjustments to reconcile net income to net					
cash flows from operating activities, net of acquisition:					
Depreciation and amortization		2,384,411		2,336,794	
Loss (gain) on sale of investments, net	(71,286)		29,256	
Loss on disposition of equipment	`	11,169		20,135	
Impairment of Investment				36,032	
Deferred income taxes	(434,896)		68,217	
Bad Debt Expense	`	435,344		48,240	
(Increase) decrease in operating assets:		-			
Accounts receivable	(1,213,253)	(1,494,790)	
Other receivables	`	215,379	Ò	119,524)	
Inventories	(984,711)	Ò	969,101)	
Refundable income taxes	(43,512)		865,432	
Prepaid expenses and other current assets	(17,508)		78,685	
Increase (decrease) in operating liabilities:					
Accounts payable	(129,514)		202,758	
Accrued expenses	•	601,952		84,466	
Income taxes payable		254,311		_	
Net cash provided by operating activities		6,627,684		4,042,021	
Cash flows from investing activities:					
Purchases of investments	(1,452,672)	(2,434,340)	
Proceeds from sale of investments		1,475,730		1,810,816	
Investments in certificates of deposits	(150,255)	(50,000)	
Purchases of property and equipment	(1,428,717)	(1,439,133)	
Net cash (used in) provided by investing activities	(1,555,914)	(2,112,657)	
Cash flows from financing activities:					
Proceeds of note payable		250,000		2,000,000	
Checks written in excess of bank balances	(592,040)	(749,170)	
Purchases of treasury stock	(580,708)	(1,181,428)	
Dividends paid	(1,146,317)			
Repayment of notes payable	(1,831,626)	(4,113,555)	
Net cash used in financing activities	(3,900,691)	(4,044,153)	
Net (decrease) increase in cash and cash equivalents		1,171,079	(2,114,789)	
Cash and cash equivalents at the beginning of the period		1,115,150		3,229,939	
Cash and cash equivalents at the end of the period	\$	2,286,229	\$	1,115,150	