

Lifeway Foods Announces Results for the Third Quarter of 2014

Third Quarter Net Sales Increase 27% to \$30.1 Million

Morton Grove, IL — **November 10, 2014** — Lifeway Foods, Inc., (Nasdaq: LWAY), a leading supplier of cultured dairy products known as kefir and organic kefir, today announced results for the third quarter ended September 30, 2014.

"Our strong double digit net sales growth in the third quarter demonstrates the continued demand for our nutritious probiotic kefir products," said Julie Smolyansky, CEO of Lifeway Foods, Inc. "Greater brand awareness, increased distribution, and successful new product innovation helped us deliver another quarter of profitability despite continued pressure from increased milk prices. We are committed to executing on our long-term growth strategy and believe there are compelling opportunities ahead as we expand with new and existing customers."

Third Quarter Results

Total consolidated net sales increased 27%, or \$6.3 million, to \$30.1 million during the three-month period ended September 30, 2014 from \$24.0 million during the same three-month period in 2013.

Gross profit for the third quarter of 2014 was \$7.4 million compared to \$6.9 million in the third quarter of the prior year. The Company's gross profit margin decreased to 25% in the third quarter of 2014 versus 29% in the third quarter of 2013. The decrease was primarily attributable to an approximate 20% increase in the cost of milk, the Company's largest raw material, compared to the same period last year. In addition, gross profit for the quarter was impacted by an increase in depreciation expense of \$0.6 million related to a true-up on Starfruit leasehold improvements and expense associated with assets placed in service at the Lifeway Wisconsin location.

In the third quarter, general and administrative expenses increased to \$2.6 million from \$1.7 million the prior year. This increase is primarily due to start up costs associated with the purchase of the Golden Guernsey dairy plant.

Total operating expenses increased 20% or \$1.0 million to \$5.6 million during the third quarter of 2014, from \$4.7 million during the same period in 2013. This increase was primarily attributable to an increase in general and administrative expenses.

Total operating income was \$1.8 million during the third quarter of 2014, from \$2.2 million during the same period in 2013. The slight decrease in operating income is related to the decrease in gross profit and increased operating expenses.

The Company's third quarter 2014 effective tax rate was 43% compared to 29% in the same period last year. The company expects the full year tax rate for fiscal 2014 to be comparable to the full year tax rate for fiscal 2013.

Total net income was \$1.0 million, or \$0.06 per diluted share, for the three-month period ended September 30, 2014 compared to \$1.7 million, or \$0.10 per diluted share, in the same period in 2013.

Nine Month Results

Total consolidated net sales increased by \$17.6 million, or approximately 25%, to \$88.8 million during the nine-month period ended September 30, 2014 from \$71.3 million during the same nine-month period in 2013.

Gross profit for the first nine-months of 2014 decreased to \$22.0 million, compared to \$22.8 million in the same period in the prior year. The Company's gross profit margin was 25% in the first nine-months of 2014 compared to 32% in the same period last year.

Total net income was \$2.8 million, or \$0.17 per share, for the nine-month period ended September 30, 2014 compared to \$5.5 million, or \$0.33 per share, in the same period in 2013.

Balance Sheet/Cash Flow Highlights

The Company had \$2.8 million in cash and cash equivalents as of September 30, 2014 compared to \$1.2 million at September 30, 2013. This increase is primarily due to the acquisition of the Golden Guernsey dairy plant in the second quarter of 2013. Total stockholder's equity was \$45.7 million as of September 30, 2014, which is an increase of \$2.3 million when compared to September 30, 2013.

Conference Call

The Company will host a conference call to discuss these results with additional comments and details on Monday, November 10, 2014 at 4:30 p.m. ET. The call will be broadcast live over the Internet hosted at the Investor Relations section of Lifeway Foods' website at www.lifeway.net, and will be archived online through November 24, 2014. In addition, listeners may dial 877-407-3982 in North America, and international listeners may dial 201-493-6780. Participants from the Company will be Julie Smolyansky, President and Chief Executive Officer, and Edward Smolyansky, Chief Financial Officer and Chief Operating Officer.

About Lifeway Foods

Lifeway Foods, Inc. (Nasdaq: LWAY), recently named one of Fortune Small Business' Fastest Growing Companies for the sixth consecutive year, is America's leading supplier of the cultured dairy products known as kefir and organic kefir. Lifeway Kefir is a dairy beverage that contains 10 exclusive live and active probiotic cultures plus ProBoost™. In addition to its line of Kefir products, the company produces a variety of Frozen Kefir and

probiotic cheese products. Lifeway also sells frozen kefir, kefir smoothies and kefir parfaits through its Starfruit™ retail stores.

Find Lifeway Foods, Inc. on Facebook: www.facebook.com/lifewaykefir Follow Lifeway Foods on Twitter: http://twitter.com/lifeway_kefir

YouTube: http://www.youtube.com/user/lifewaykefir

Forward Looking Statements

This news release contains forward-looking statements. Investors are cautioned that actual results may differ materially from such forward-looking statements. Forward-looking statements involve risks and uncertainties including, but not limited to, competitive pressures and other important factors detailed in the Company's reports filed with the Securities and Exchange Commission.

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LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Financial Condition September 30, 2014 and 2013 (Unaudited) and December 31, 2013

| | Septem | September 30, | |
|--|--------------|---------------|--------------|
| | 2014 | 2013 | 2013 |
| <u>ASSETS</u> | | | |
| Current assets | | | |
| Cash and cash equivalents | \$ 2,795,429 | \$ 1,240,730 | \$ 3,306,608 |
| Investments | 3,057,214 | 2,506,463 | 2,516,380 |
| Certificates of deposits in financial institutions | | 115,373 | 15,373 |
| Inventories | 7,134,857 | 8,382,287 | 6,899,008 |
| Accounts receivable, net of allowance for doubtful | | | |
| accounts and discounts (\$1,300,000 and \$1,350,000 and \$1,050,000) | 11,803,145 | 11,313,652 | 10,444,839 |
| Prepaid expenses and other current assets | 54,944 | 88,629 | 128,323 |
| Other receivables | 26,720 | 89,100 | 103,272 |
| Deferred income taxes | 360,765 | 394,277 | 322,071 |
| Refundable income taxes | 842,425 | 423,242 | 1,014,947 |
| Total current assets | 26,075,499 | 24,553,753 | 24,750,821 |
| Property and equipment, net | 21,874,520 | 21,637,492 | 20,824,448 |
| Intangible assets | | | |
| Goodwill | 14,068,091 | 14,068,091 | 14,068,091 |
| Other intangible assets, net of accumulated amortization of | | | |
| \$5,005,117, \$4,376,640 and \$4,468,359 at September 30, 2014 | | | |
| and 2013 and at December 31, 2013, respectively | 3,238,683 | 3,929,360 | 3,750,441 |
| Total intangible assets | 17,306,774 | 17,997,451 | 17,818,532 |
| Other Assets | | | |
| Long-term accounts receivable, net of current portion | 270,599 | 280,000 | 280,000 |
| Total assets | \$65,527,392 | \$64,468,696 | \$63,673,801 |
| | | | |
| LIABILITIES AND STOCKHOLDERS' EQUITY | | | |
| Current liabilities | | | |
| Current maturities of notes payable | \$ 877,038 | \$ 878,088 | \$ 875,002 |
| Accounts payable | 7,318,512 | 5,429,988 | 6,723,179 |
| Accrued expenses | 1,243,876 | 1,323,213 | 1,284,060 |
| Accrued income taxes | | 1,292,762 | |
| Total current liabilities | 9,439,426 | 8,924,051 | 8,882,241 |
| Notes payable | 8,339,282 | 9,214,853 | 8,999,012 |
| Deferred income taxes | 2,065,221 | 2,917,213 | 2,843,426 |
| Total liabilities | 19,843,929 | 21,056,117 | 20,724,679 |
| Stockholders' equity | | | |
| Common stock, no par value; 40,000,000 shares authorized; | | | |
| 17,273,776 shares issued; 16,346,017 shares outstanding | | | |
| at September 30, 2014, September 30, 2013 and December 31, 2013 | 6,509,267 | 6,509,267 | 6,509,267 |
| Paid-in-capital | 2,032,516 | 2,032,516 | 2,032,516 |
| Treasury stock, at cost | (8,187,682) | (8,187,682) | (8,187,682) |
| Retained earnings | 45,367,487 | 43,056,422 | 42,587,214 |
| Accumulated other comprehensive income (loss), net of taxes | (38,125) | 2,056 | 7,807 |
| Total stockholders' equity | 45,683,463 | 43,412,579 | 42,949,122 |
| Total liabilities and stockholders' equity | \$65,527,392 | \$64,468,696 | \$63,673,801 |
| | | | |

LIFEWAY FOODS, INC. AND SUBSIDIARIES

Consolidated Statements of Income and Comprehensive Income For the Three and Nine Months Ended September 30, 2014 and 2013 (unaudited)

> (Unaudited) Nine Months Ended

(Unaudited)

16,346,017

\$1,025,678

(93,679)

13,702

\$ 945,701

Weighted average number of shares outstanding

COMPREHENSIVE INCOME

Other comprehensive income (loss), net of tax: Unrealized gains (losses) on investments (net of tax)

Comprehensive income

Less reclassification adjustment for (gains) losses included in net income (net of taxes)

Net income

Three Months Ended September 30, September 30, 2014 2013 2014 2013 Sales \$ 32,704,435 \$ 26,601,341 \$ 97,359,630 \$ 80,030,021 (2,594,213) Less: discounts and allowances (2,808,811) (8,552,286) (8,772,576) 23,792,530 Net sales 30,110,222 30,110,222 23,792,530 88,807,344 88.807.344 71,257,445 71,257,445 Cost of goods sold 21,697,954 16,513,357 64,812,489 47,217,179 Depreciation expense 1,010,966 410,797 2,022,204 1,226,629 Total cost of goods sold 22,708,920 16,924,154 66,834,693 48,443,808 Gross profit 7,401,302 6,868,376 21,972,651 22,813,637 2,804,127 9,977,636 Selling expenses 2,815,126 8,291,960 General and administrative 2,627,566 1,671,080 7,115,393 5,567,649 Amortization expense 178,919 178,201 536,758 533,884 Total operating expenses 5,610,612 4,664,407 17,629,787 14,393,493 Income from operations 1,790,690 2,203,969 4,342,864 8,420,144 Other income (expense): Interest and dividend income 22,739 36,535 86,664 82,166 8.889 Rental income 1 201 2.231 2.900 Interest expense 62,084) 59,887) 194,377) 133,610) Gain on sale of investments, net reclassified from OCI 22,940) 161 39,190 121,441 85,077 8,592 Gain on sale of equipment 209,175 1,674 219 404 Other Income Total other income (expense) 23,993 188,215 (55,357) 298,290 Income before provision for 1.814.683 2,392,184 4,287,507 8,718,434 income taxes 702,257 Provision for income taxes 789,005 1,507,234 3,258,928 \$ 1,689,927 \$ 2,780,273 \$1,025,678 \$ 5,459,506 Net income Basic and diluted earnings per common share 0.06 0.10 0.17 0.33

16,346,017

\$ 1,689,927

29,356

(91)

\$ 1,719,192

16,346,017

\$ 2,780,273

22,524)

(23,408)

\$ 2,734,341

16,346,017

\$ 5,459,506

17,079

68,614)

\$ 5,407,971

LIFEWAY FOODS, INC. AND SUBSIDIARIES Consolidated Statements of Cash Flows For the Nine Months Ended September 30, 2014 and 2013 (Unaudited)

(Unaudited)

| | (chaddres) | | | |
|---|-------------|-------------|------|-------------|
| | Septem 2014 | | 2013 | |
| | _ | 2014 | | 2015 |
| Cash flows from operating activities: | | | | |
| Net income | \$ | 2,780,273 | \$ | 5,459,506 |
| Adjustments to reconcile net income to net | | | | |
| cash flows from operating activities: | | | | |
| Depreciation and amortization | | 2,558,962 | | 1,760,513 |
| Gain on sale of investments, net | (| 39,190) | (| 121,441) |
| Deferred income taxes | (| 783,607) | (| 231,218) |
| Bad debt expense | | 76,049 | | 26,819 |
| Gain on sale of equipment | | (8,592) | | (209,175) |
| (Increase) decrease in operating assets: | | | | |
| Accounts receivable | (| 1,548,110) | (| 2,612,905) |
| Other receivables | | 76,552 | (| 80,275) |
| Inventories | (| 235,849) | (| 2,443,101) |
| Refundable income taxes | | 172,522 | | (338,414) |
| Prepaid expenses and other current assets | | 73,379 | | 33,509 |
| Increase (decrease) in operating liabilities: | | | | |
| Accounts payable | | 595,333 | | 1,173,263 |
| Accrued expenses | (| 40,184) | | 167,536 |
| Income taxes payable | | | | 1,038,451 |
| Net cash provided by operating activities | | 3,677,538 | | 3,623,068 |
| Cash flows from investing activities: | | | | |
| Purchases of investments | (| 2,319,742) | (| 2,877,968) |
| Proceeds from sale of investments | | 1,736,946 | ` | 2,281,792 |
| Redemption of certificates of deposits | | 15,000 | | 334,627 |
| Purchases of property and equipment | (| 3,052,303) | (| 8,205,669) |
| Proceeds from sale of equipment | | 89,076 | | 537,500 |
| Net cash used in investing activities | | (3,531,023) | | (7,929,718) |
| Cash flows from financing activities: | | | | |
| Dividends paid | | | | (1 307 961) |
| | | | | (1,307,861) |
| Net proceeds from debt issuance | , | 657 604) | , | 4,975,000 |
| Repayment of notes payable Net cash used in financing activities | _ | 657,694) | | 405,985) |
| Net cash used in financing activities | | 037,094) | _ | 3,261,154 |
| Net decrease in cash and cash equivalents | | (511,179) | | (1,045,496) |
| Cash and cash equivalents at the beginning of the period | | 3,306,608 | | 2,286,226 |
| Cash and cash equivalents at the end of the period | \$ | 2,795,429 | \$ | 1,240,730 |