SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB Number: 3235-0287												
Expires:	December 31, 2014											
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hours per response:	0.5											

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] SMOLYANSKY JULIE (Last) (First) (Middle) C/O LIFEWAY FOODS, INC. 6431 W. OAKTON ST.				and Ticker or Trad	C [LWAY	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner X Officer (give title Other (specify below) President and CEO				
(Street) MORTON GROVE IL 60053			4. If Amendmen	t, Date of Original I	Filed (Month/I	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)				<u> </u>	<u> </u>			
	la	ble I - Non-Deriv	vative Securities	s Acquired, D	isposed c	of, or Ben	eficiali	y Owned		
1. Title of Secu	rity (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securitie (A) or Dispo (Instr. 3, 4 a	osed Of (D		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)

			Code	v	Amount	(A) or (D)	Price	Transaction (s) (Instr. 3 and 4)		
Common stock, no par value	04/10/2012		Р		1,000	Α	\$8.77	541,560	D	
Common stock, no par value								5,000	Ι	See footnote
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										

				· · ·				· · · · ·				·			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (In 8)		Secu Acqu (A) o Disp of (D	vative prities pred r osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		and 7. Title and Mowount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Held for the benefit of minor children.

By: /s/ Julie Smolyansky

** Signature of Reporting Person Date

04/12/2012

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.