SEC	Form	4
SEC	ronn	+

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
Expires:	December 31, 2014								
Estimated average burden									
hours per response:	0.5								
Reporting Person(s) to Issuer									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

				01 00000		(11) 01		vestment C	ompany		11340							
1. Name and Address of Reporting Person* SMOLYANSKY EDWARD			2. Issuer Name and Ticker or Trading Symbol <u>LIFEWAY FOODS INC</u> [LWAY]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
SMOL	ANON								- L		1		[Directo	or	10% C)wner	
														Officer below)	(give title	Other below	(specify	
(Last)	`	, ,	/liddle)				t Trans	saction (Mo	nth/Day/	Year)			, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	CFO, Tr		,	
C/O LIFEWAY FOODS, INC.			02/17/2012										010, 11	cusurer				
6431 W. OAKTON ST.																		
(Street)				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check						
MORTO	N												Applicable Line) X Form filed by One Reporting Person					
GROVE		6	0053												,			
														Perso		e than One Re	eporung	
(City)	(St	ate) (Z	(ip)															
,																		
		l able I -	Non-Derivat			-			spose	d o	t, or B	enet	cially	' Ow	ned			
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any		3.4. SecuritiesTransaction(A) or DispoCode (Instr.(Instr. 3, 4 a)		isposed	osed Of (D) Secu and 5) Bene		curities O neficially F	Ownership Form:	7. Nature of Indirect Beneficial			
		(Mon		(Month	n/Day/Year)	8)	_	<u> </u>				owing o	or Indirect	Ownership (Instr. 4)				
							Code	v	Amoun	(A) or (D)	Price	Tran	orted saction(s) r. 3 and 4)	(I) (Instr. 4)				
Common stock, no par value			02/17/2012				S		1,500	D	\$9.5	3	12,546	D				
		Table	II - Derivativ	e Secu	ritie	es A	caui	red. Dis	oosed	of.	or Be	nefic	iallv C	Dwn	ed			
			(e.g., put															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction ar) 4. 5. Nur Code (Instr. 8) 5. Nur of Ber Acc (A) Dis of (A) Dis of (A)			oosed D) tr. 3, 4	Expiration Date Amou (Month/Day/Year) Secur Unde Deriva Secur		7. Title Amour Securi Underl Deriva Securi (Instr.	nt of ties ying tive	Deriv Secu (Instr	rivative curity	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	(I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
							(D)	Date Exercisabl	Expir Date	ation		Amoun or Number of Shares	1					

Explanation of Responses:

/s/ Edward Smolyansky 02/21/2012

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.